

Monday, June 1

Day Two

Today's Route

Harvey West Park to
San Lorenzo County Park
107.6 miles
Ride Out: 6:30 a.m.

Rest Stop 1: Manresa State Beach
@14.2 miles **Open:** 7 – 10 a.m.

RS 2: Windy Hill Park, Marina
@37.6 miles **Open:** 8 a.m. – 12:30 p.m.

RS 3: Central Park, Salinas
@46.7 miles **Open:** 9 a.m. – 2 p.m.

RS 4: Buena Vista School, Salinas
@56.4 miles Toilets Only!

RS 5: Pessagno Winery
@67.1 miles **Open:** 10 a.m. – 4 p.m.

RS 6: Mission La Soledad
Water (& Otter Pop!) Stop
@77.3 miles **Open:** 11 a.m. – 5 p.m.

RS 7: Holy Trinity Church
@92.9 miles **Open:** noon – 6 p.m.

Camp 2: King City
San Lorenzo County Park
@107.6 miles; opens at 1 p.m.

Route closes at 7 p.m. If you do not make it into a rest stop by the time it closes, you will be SAG'd into camp.

BE ADVISED!

Today is a long day with many diversions! Make sure you budget your time so that you can complete today's route.

Putting the Fun in Fundraising

On his ALC page, Aidan Collins promised potential donors that if they helped him meet his \$15,000 fundraising goal, he would participate in the Day Five tradition of Red Dress Day, riding 70 miles from Santa Maria to Lompoc wearing red finery.

"Now's your chance - a (probably) never to be repeated offer," Aidan wrote to tantalize donors. "And, as much as I will try to prevent them, there will probably be pictures. But please, don't let that discourage you from supporting me!"

His pitch was accompanied by an adorable picture of Aidan as a young boy in Ireland in a formal black suit decorated with a medal and white boutonniere.

Aidan's pitch was one of many creative approaches that ALC8 participants have taken to raise funds in a tight economy.

Mike Rizzo told the *Chronicle of Philanthropy* that he asked would-be donors to adopt him. He reminded them that he is toilet-trained and that they would have bragging rights because their "kid" biked 545 miles. He went on to ask donors to have a baby shower of sorts by reaching out to their own family and friends to support their newly adopted son.

"People are really budget-conscious, but their heart is in the right place, so you just have to find ways to inspire them," Rizzo



Who wouldn't support a face like this? Aidan Collins played up the "cute factor" on his ALC donor page.

was quoted.

In addition to old-fashioned bake sales and car washes, this year's participants have given new meaning to "FUNdraising." Other examples:

- An L.A. Gay & Lesbian Center staffer hosted a "Hot Cuts, Hot Guys, Hot Cause" haircutting fundraiser on a recent weekend.
- Cyclist Jen Moore hosted a training ride to a local tattoo parlor called "Ink and Ride," and everyone got a (real) tattoo.

Day 2 Highlights: Lush as Far as the Eye Can See



Rise and shine early to beat the Santa Cruz rush-hour commute and get a headstart on your second day in the saddle!

This is a long mileage day with relatively flat terrain that will take us through California's Central Valley, also known as Steinbeck Country. There are often excellent tailwinds along the roller coaster road that takes you into King City at the end of the day.

Highlight of the day: Mission Soledad, the Water Stop location, is one of the most historic destinations on the ride. Take a moment to enjoy the peaceful serenity of the Mission Chapel.



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We are Family: Welcoming Transgender Riders

Camping for a week with nearly 3,000 people is a challenge, and for ALC 8's transgender participants, it raises particular concerns. Public showers can be terrifying for anyone, but for transgender people they bring a level of exposure that can invite unwelcome scrutiny.

Imagine that in addition to the physical stress of cycling 545 miles, you also had the constant worry of being outed in the shower as trans—and how the (naked) people around you might react.

"I was absolutely terrified when I heard about the community showers and exactly what the camping entailed," says transgender blogger

Lacii, who decided to ride in ALC 8 after her best friend was diagnosed with HIV last year. "I'm still very apprehensive but I just remind myself, in the end, we're all there for the same reason."

Even something as simple as choosing a tentmate can be fraught with challenges. Most people wouldn't even notice a question on the form that asks for your gender. But for transgender people, it's not so sim-

ple. Will a trans man be perceived as lying if he applies to share space with someone who prefers a male tentmate?

"People don't often think about the difference between sex and gender, but cultural ideas of what's masculine or feminine affect everyone," says Trans activist Jake Finney, who helped facilitate a cultural competency training this year for the ALC staff.

The goal of the training was to help the staff learn more about the transgender community and the ways in which gender politics affect our daily lives, in order to help cultivate a trans-friendly



atmosphere.

"The training brought up some great insights and challenges that our staff is continuing to consider," says ALC Associate Director Sarah Sypniewski.

One immediate change is that participants now fill in their gender on ALC forms, rather than choosing between two preset options. It's a small step toward helping every ALC participant feel safe and welcome on the ride.

ALC 8 Raises \$10.5 Million for HIV Services

More than 2,150 cyclists and 500 roadies set out from San Francisco yesterday, and have raised \$10.5 million for HIV/AIDS-related services at the San Francisco AIDS Foundation and the L.A. Gay & Lesbian Center.

Faced with a difficult fundraising climate this year – and fewer riders than last year's ride – riders and roadies pulled together and beat the odds by increasing the average amount raised per participant.

This year's ride is especially significant in

light of a recent survey that revealed a dramatic drop in the sense of urgency about HIV/AIDS and persistent misconceptions about HIV transmission and treatment among Americans.

During the seven days of ALC, an estimated 1,080 Americans will become infected with HIV. There are currently 1.1 million Americans living with HIV – the highest number in the history of the epidemic – one in six of whom are Californians.

DAY TWO CAMP HOURS

Morning Services	6 – 8:30 a.m.
Afternoon Services	1 – 9 p.m.
Medical Services	Close At 9 p.m.
Emergency Services	24 Hrs
Camp Stage	Begins At 7:30 p.m.
Showers	Close At 10:30 p.m.

Why We Ride

For every hour you ride or work today, 558 people worldwide will become infected with HIV.

Tweet Tweet Tweet



Do you Twitter? Join the conversation at #ALC8 to keep the world (and other riders!) abreast of what's happening on the ride!

Daily Weather Report



Overcast
HI: 68°
LOW: 49°

Today's Menu

Lunch: 9 a.m. - 2 p.m. Chicken & Brown Rice Wrap

Vegetarians Only: Tofu & Brown Rice Wrap

Served with:

- Cheese Sticks & Baby Carrots
- Assorted Chips
- Seasonal Fruit
- Chocolate Chip Cookie

Dinner: 4 - 9 p.m. Mesquite Grilled Chicken; Cowboy Cut Steak with Cranberry Demi-Glaze

Vegetarians Only: Tofu Vegetable Stack

Served with:

- Chopped salad tossed with cucumbers, red onions, cherry tomatoes, sunflower seeds and croutons w/Hidden Valley Ranch Dressing
- Baked Potato
- Corn on the Cob
- Corn Bread and Butter
- Apple Pie

Day 3 Breakfast: 5 - 8 a.m. Scrambled Eggs

Served with:

- Sausage Links
- Blueberry Pancakes
- Citrus Fruit Salad
- Bagels and Cream Cheese
- Assorted Dry Cereal
- Oatmeal

ON STAGE TONIGHT

Acknowledgements:

- Training ride leaders
- Movie: "Princess Bride" part 2
Program begins at 7:30